



## Ontario University and College Health Association

**Current Members: *could include you!***

**Join the majority!** More than 50% of Ontario colleges and universities are already receiving the benefits of OUCHA membership

### Membership Dues:

\$100.00 for institution or

\$40.00 per person

### For more information contact:

Karen Ostrander, Wilfrid Laurier University [kostrander@wlu.ca](mailto:kostrander@wlu.ca)

[www.oucha.ca](http://www.oucha.ca)



*Join the*

## Ontario University and College Health Association

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Institution: \_\_\_\_\_

email: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone Number: \_\_\_\_\_

### Please make cheque payable to OUCHA and mail to:

Karen Ostrander, Treasurer  
Health Services  
Wilfrid Laurier University  
75 University Ave. W.  
Waterloo, ON N2L 3C5

### Benefits to becoming a member include:

- **Networking with colleagues about issues that matter:**
  - best practices for student health care
  - health education for students
  - health care delivery systems for administration, nurses, health educators, physicians
  - clinic management strategies
- **Educational opportunities for health service staff**
- **A collective voice to speak to government and other agencies**

***Add Your Voice  
for Positive Change  
to Student Health Services!***

## Find out what your colleagues are doing about:

- Mental Health Care challenges
- Electronic Medical Records
- Student Health Education and Healthy Lifestyle Promotion
- Immunization Screening
- Physician Recruitment and Retention
- OHIP Funding Models
- and anything else!

## The Objectives of the Ontario University and College Health Association are:

- 1** To provide a network for the exchange of ideas and shared experience to improve and maintain the health of university and college communities.
- 2** To express concerns of university and college health services to related associations, institutions and government; and to provide an orderly means to reach consensus on these issues.

## How the Objectives are Achieved:

- an annual conference, hosted by a volunteer campus, at rotating locations in Ontario; to bring together health service staff from all divisions (physicians, nurses, health educators, administration)
- the annual conference provides opportunity to share research, to study and discuss issues pertaining to the advancement of the health of university and college students
- the OUCHA annual general meeting is held during the conference
- division meetings are held twice yearly, where the interests, issues and concerns of each division are discussed
- opportunities to network with colleagues at conferences and meetings
- email list serves to maintain connections throughout the year
- Website, with restricted access, to provide resource information – [www.oucha.ca](http://www.oucha.ca)

## **Recent changes! Exciting news!**

*We have a new NAME!*

*We have a new WEBSITE!*

*We have a new CONSTITUTION!*

*We have new working relationships with ONTARIO GOVERNMENT!*

**Join now. Get involved. Be part of the excitement.**

