Within the last 12 months, has any of the following been traumatic or very difficult for you to handle?

**YES RESPONSES:**
- Academics: 59.2%
- Finances: 35.6%
- Sleep difficulties: 33.1%
- Career related issue: 32.6%
- Intimate relationships: 31.6%
- Family problems: 31.3%
- Personal appearance: 28.1%
- Other relationships: 28.0%
- Personal health issue: 22.4%
- Health problem of a family member or partner: 22.1%
- Death of a family member or friend: 15.7%
- Other Issues: 12.6%

**HAVE YOU EVER FELT SO DEPRESSED THAT IT WAS DIFFICULT TO FUNCTION?**
- Never: 39.9%
- Not in last 12 months: 20.0%
- In the last 2 weeks: 14.4%
- In the last 30 days: 7.7%
- In the last 12 months: 18.0%

**HAVE YOU EVER FELT OVERWHELMED BY ALL YOU HAD TO DO?**
- Never: 6.3%
- Not in last 12 months: 4.0%
- In the last 2 weeks: 52.6%
- In the last 30 days: 16.9%
- In the last 12 months: 20.2%

**HAVE YOU EVER FELT THINGS WERE HOPELESS?**
- Never: 26.3%
- Not in last 12 months: 16.8%
- In the last 2 weeks: 23.2%
- In the last 30 days: 10.7%
- In the last 12 months: 23.1%

**WITHIN THE LAST 12 MONTHS, HOW WOULD YOU RATE THE OVERALL LEVEL OF STRESS YOU HAVE EXPERIENCED?**
- More than average: 45.8%
- Average: 33.7%
- Less than average: 6.7%
- No stress: 1.1%